

Volunteer Role Title: Work Experience Volunteer (18-30 Year Olds)

Location: The Paint Place Warehouse, Unit 7, The Sidings,

Leytonstone E11 1HD and

The Paint Place 2c Bakers Avenue, Walthamstow E17 9AW

Volunteering Hours: Monday, Wednesday and Thursday, 10am to 4pm

(Or alternative days by arrangement)

Commitment Required: Up to 3 days per week for 12 weeks

About FRP and the Work Experience Through Environmental Volunteering Program

FRP is a social enterprise and charity with environmental and social aims based in East London. *Work Experience Through Environmental Volunteering* is an FRP program, to provided work experience opportunities for volunteers aged 18-30. Participants will help us process and distribute reclaimed paint by working in our warehouse and shop, as well as working on a project during their placement, for example using our paint to enhance a space in their own community. They will also receive structured support to help them identify and progress towards their own employment and training goals.

Main tasks

- Warehouse work sorting and processing paint using hand tools, including cordless drills
- Serving customers and making sales in our shop
- Working as a member of a team to develop and deliver a project for FRP

Skills required

- Good verbal communication skills, basic literacy and numeracy
- Flexibility, reliability and punctuality
- Ability to work as a member of a team, but without constant supervision
- Ability to carry out instructions and ask for help as needed
- Ability to distinguish between different colours and types of paint
- Good spatial awareness and willingness to undertake messy, physical work

Volunteer support

- Induction and on-the-job training
- Regular structured support sessions
- Volunteer expenses (up to £3 for lunch, and £5 for travel per day)

Benefits of volunteering

- Meet new people
- Learn new skills and enhance your CV
- Gain work experience

How to apply

To apply or request further information, please contact Eoin:

Email: volunteering@frponline.org.uk

Telephone: 020 85393856